"With this letter and the attached manifesto, I formally hand over responsibility for the life of my loved one, to you."



Dear Parliament,

#### Re: Safe treatment and care of my entire family, please.

In response to the multiple unlawful discharges of my loved one (and me) by irresponsible clinicians, and the now incomprehensive dual-diagnosis 'treatment pathway' they are on, I will ask you, with sincerity, to support every stakeholder you are responsible for managing towards the following outcomes for my family:

- To ensure that no further unsafe discharges occur.
- The allocation of a designated consulting psychiatrist *and* a specialist psychologist, both determined to see the patient through to recovery.
- The right prescription.
- A medicinally nutritious meal plan with HEALTHY snack options only (why is the hospital gifting sugary treats nightly? I am curious, when an increased intake of sugar increases the risk of heart disease, diabetes, fatty liver disease, weight gain, and more, why is it being paid for by the government, aka, the tax payers, and fed nightly by NHS staff to a patient in need of their full physical health being restored, so that they might feel well enough to engage formally?).
- A legitimately ethical Dual-Diagnosis Treatment, Care & Recovery Pathway to be delivered in a clinical setting *and* extended into the community.
- For Chris Hill, well respected and experienced addiction recovery coach, to be contracted as a vital third-party development and best practice stakeholder.
- For Gabor Maté, or his like and intellectual equal, to be employed as a reliable, safe, knowledgeable third party in the design and implementation of an ethical treatment, care and recovery pathway for my loved one (and many others). I have yet to meet a responsible clinician with the expertise required to safeguard my loved one from ill-prepared and ill-designated treatment and care, nor the relevant knowledge to treat them back to physical, neurological and psychological health. I have read this medical researcher's books, as well as many others over the last decade, and he is who I trust with my precious loved one's life. This seems to me, the only reasonable and respectable outcome once you swallow whole, in due course, the unending suffering of my family unit. In lieu of Gabor Maté, I would expect the designation of a known-to-be-highly-successful dual-diagnosis clinical team, who already comprehend and acknowledge the way ahead as being utterly complex and long-term.
- A clear, discernible, complex community recovery pathway, supported by professionals with legitimately relevant qualifications and experience.
- That my mother gets more than the limit of 30 therapy sessions with the NHS *or* a safe, steady, scaffolded recovery pathway towards her legislated destiny of health and independence from The State? Our suffering is immense, to limit her help is to further refuse a client of the NHS a safe discharge and full recovery, just as she is owed by law.

- To fund my recovery pathway, considering there isn't one allocated to me as an unsafely discharged patient of the local NHS mental health foundation trust.
- To enable treatment, care and recovery support to the point of reclaimed independence, health and financial stability for all family members.
- Oh, and do reinstate my retired father's free gym membership, won't you? You stole something health-sustaining from him with that budget cut, as you will have from a number of others surviving on a government pension. Moreover, whoever signed the dotted line and prevented him from continuing his own trauma recovery pathway, the only one he carved out for himself, is now responsible for further complex damages incurred by my family unit.

As you will notice, all I ask is for legislated outcomes to be delivered to us, presently, if at all possible.

I also request the following, as a point of necessity:

- That you, in good faith, invite me to share, privately and confidentially, the videos, audio recordings, photographs and letters sent to the NHS over recent years. I would also appreciate The Emergency Services offering up the recordings of our many calls to 999. This is the only way you can come to see why I have forcefully driven this issue into your awareness.
- A team of impartial lawyers to help me prepare the delivery of evidence to you all, with the
  additional attendance of key individuals, the likes of Professor Sir Simon Wessely and his team,
  as well as Amanda Pritchard, the Chief Executive of NHS England. The same lawyers will be
  used to bring the case before a High Court Judge and a jury, for that is the only ethical outcome
  here, as you will come to see.
- A formal parliamentary inquiry into the treatment and care failures regarding my entire family unit, as well as other victims of this social injustice that I have met so far.
- A halt on the Mental Health Act Reform until all of this relevant data is examined thoroughly and factored into the changes ahead (it would be wise to wait for the outcomes of the collective advocacy projects too).

This specific case has been brought to your attention in full awareness of the multiple crimes committed and recurring failures in duty of care that have resulted in untold damages for my family. Do appreciate that I write with the full backing of a plethora of powerful, indisputable evidence behind me, evidence I hope to use to expose a flaw in the system, one that is *creating victims* of unethical consultants and other, perhaps unqualified, responsible clinicians.

As a point of ethical forward motion, I ask that you request for the BBC, ITV and Channel 4 News to advertise the <u>Advocacy and Social Wellbeing Projects</u>, namely the following safeguarding avenues, in order to prompt an immediately available public response to the crisis:

 Report an unwell person in the community, someone who should be in hospital receiving treatment:

**UNSAFE PERSON REPORT (UK ONLY)** 

- Report a person who has been discharged unsafely from NHS inpatient or outpatient services, someone who has not been treated into a form of recovery pre-discharge and is still declining:
   REPORT AN UNSAFE DISCHARGE FROM THE NHS TODAY!
- Report, via the memorial, someone already lost because The NHS and Social Services failed to
  do what is legislated and to safeguard them and treat them back to health:
  Memorial for the dead and hopeful messages for the dying...

- Let the professionals stand beside us, let us fight for a system that upholds current legislation:
   Professional Witness Statement Collections
- Service users are able to help us collect evidence via the <u>UK National Data Collection Project</u>, a
  development that sees transparency injected with immediacy when they copy us into their fight
  for ethical and lawful outcomes. The aim is to collect enough data in the years ahead, of the
  damages inflicted by failing services, and to take our evidence to The High Court. The public can
  copy us into any emails sent regarding the following 'fights' for what is owed, by law:

Area of concern:	The email address:
Mental Health	MH.DataCollection@AnaMaria.Org
Dual-Diagnosis	DD.DataCollection@AnaMaria.Org
Physical Health	PH.DataCollection@AnaMaria.Org
Social Care (inc. housing matters)	SC.DataCollection@AnaMaria.Org
Carers Rights	CA.DataCollection@AnaMaria.Org
Professional Witness Statements	PW.DataCollection@AnaMaria.Org
Anything important that we missed	Justice.DataCollection@AnaMaria.Org
Mismanagement of taxpayer money	Government.Waste@AnaMaria.Org

As the ultimate responsible party, I do pray that you engage with the material delivered to you, namely the publication, *Manifesto for Change: Dual-Diagnosis and Disparity (2024)*, which offers up a solution to the wider invisible crisis at hand. Much legislation has been violated for my family, but there are other patient cases of mistreatment, other contexts, within which the following Acts of Parliament must come under scrutiny, alongside real patient case studies of experience, which is what I would expect the designated team of lawyers to do on our behalf:

- The Mental Health Act (1983);
- The Capacity Act (2015);
- The National Health Service Act (1946);
- Health and Care Act (2022);
- Health and Social Care Act (2008);
- The Care Act (2014);
- The Equality Act (2010);
- The Human Rights Act (1998);
- The Children Act (1989);
- Children and Social Work Act (2017);
- Safeguarding Vulnerable Groups Act (2006);
- Carers Recognition Act (2008);

- Public Services (Social Value) Act (2012);
- Corporation Tax Act (2010);
- The Parliament Act (1911/1949); and also,
- Care Quality Commission Regulations (2009), NICE Guidelines, and likely additional legislation, regulation and policy I have not yet discovered.

The law is the law. I read The Mental Health Act (1983) from front to back, I know what went wrong, where it went wrong, and based off of this complex, underfunded, negligent service experience, I built a new system design, one holding the potential for immediate impact when it comes to saving the lives of other complex patients lost to the dangers of underfunded, poor quality, ineffective, outdated, and oftentimes bias treatment and care paradigms. *Manifesto for Change: Dual-Diagnosis and Disparity*, offers up a plausible, manageable, contained solution to this national crisis and The Unidentified Pandemic of Mental Health Decline. During Covid, you showed us what was possible, please redirect such determination towards the safeguarding of an acutely vulnerable UK-based demographic, that of mistreated psychiatric patients... *and please start with my loved one, who has endured enough poor quality treatment and care*.

I do comprehend that there is a lot to digest, I also appreciate that you are likely busy people. However, when it comes to national risk-to-life scenarios, I am sure you can find the time.

Yours faithfully,

Ana Maria Santuario.

SENT WITH LOVE

### santuario post

UK SPECIAL EDITION

# BELOVIIG: HELP SPREAD THE WORD

YOU HAVE A LEGISLATED RIGHT TO HEALTH; SAFETY; DIGNITY; TREATMENT AND CARE; SAFE DISCHARGES FROM NHS SERVICES, AND MORE...

In this little parcel of posters you are gifted with empowerment. You may be struggling with your health, that doesn't mean you cannot support change on a larger scale. You can have your say, collectively, as a demographic of working class and middle class people.

#### When we stand as one, we stand for all!

The louder we shout, i.e. the greater we stand in our numbers, the quicker we save the lives of those slipping through the illusionary societal safety net.



It is illegal to allow a human being on UK soil to die **prematurely and avoidably!** It is also illegal to abandon human beings to an uninterrupted state of psychosis, or to the painful hell of untreated mental health disorder comorbidity. Many UK residents are suffering immensely at the hands of an over-extended NHS, perhaps an under-qualified stakeholder at best these days (when it comes to mental health treatment and care at least).

Petitioning for change is our only option, let us engage with parliament systematically and with absolute direction towards a single outcome - A Safe Society for All. Explore the petitions to open at AnaMaria.Org, where you can also read more about the Advocacy and Wellbeing Projects.

READ ALL ABOUT IT:

FREE TO DOWNLOAD AT FAITHINGHANGE.COM

A MANIFESTO FOR CHANGE: DUAL-DIAGNOSIS AND DISPARITY

BREAKING NEWS

## santuario post

UK SPECIAL EDITION

## INEQUALITY

## FOR PSYCHIATRIC INPATIENTS

## ARE YOU BEING REFUSED AN EFFECTIVE NHS DUAL-DIAGNOSIS TREATMENT PATHWAY?

Dual-diagnosis is a specialist area of medical treatment and care, the term refers to an instance when a mental health disorder presents alongside, and is complicated by, the additional diagnosis of addiction. There has only been one nurse I have met in 5 years that has had any relevant training in this specialist area of health and medicine. This individual is seconded across South-East London as they attempt to reduce stigma, introduce fresh perspectives, and lead the way for change. It is not going great or quickly, seeing as it is one man with a small team in a huge system.



There is one hospital treating patients with dual-diagnosis under the Mental Health Act (1983) in all of the UK, it is called Sinoue Nightingale Hospital and it costs £20,000 a month. Moreover, they outright refuse to accept NHS funded referrals. *Inequality much?* Let's fight for our equality all over again, in a world already moved on from legislation created back in 1983, and sometimes even in 2020, since knowledge evolves so quickly these days. It must be understood that approximately 80% of acute psychiatric ward admittances are for patients with dual-diagnosis. Without a specialist treatment pathway offered by experts in the field, those with success stories behind them, these 80% of patients will never, not once, see their right to a safe discharge upheld.

READ ALL ABOUT IT:

FREE TO DOWNLOAD AT FAITHINGHANGE.COM

A MANIFESTO FOR CHANGE: DUAL-DIAGNOSIS AND DISPARITY



## ARE YOU BEING REFUSED AN EFFECTIVE NHS DUAL-DIAGNOSIS TREATMENT PATHWAY?

DUAL-DIAGNOSIS IS A SPECIALIST AREA OF MEDICAL TRAINING, ONLY ONE NURSE I HAVE MET HAS HAD ANY RELEVANT TRAINING. THEY ARE SECONDED ACROSS SE LONDON AND ARE TRYING TO REDUCE STIGMA, INTRODUCE FRESH PERSPECTIVES, AND LEAD THE WAY FOR CHANGE. IT IS NOT GOING GREAT OR QUICKLY, SEEING AS IT IS ONE MAN WITH A SMALL TEAM IN A HUGE SYSTEM. THERE IS ONE UK DUAL-DIAGNOSIS HOSPITAL TREATING PATIENTS UNDER THE MENTAL HEALTH ACT (1983), IT COSTS £20,000 A MONTH. INEQUALITY MUCH? LET'S FIGHT IT TOGETHER AND PETITION FOR LAWFUL TREATMENT PATHWAYS. 80% OF PATIENTS ADMITTED TO PSYCHIATRIC ACUTE WARDS HAVE DUAL-DIAGNOSIS. THAT MEANS 80% NEVER SEE A SAFE DISCHARGE IN THEORY, LET ALONE IN PRACTICE!

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#### VISIT ANAMARIA.ORG TODAY

TO SUPPORT YOURSELF WHEN NO ONE ELSE WILL

#### SHARING IS CARING

I would really appreciate it if you would display these posters in spaces where people in need see them. Perhaps you attend a recovery group, a carers group, or you have friends in a similar position as you, if you feel the value of the Recovery Foundations Guide and Supporting Documents, or even The Self-Help Library, please do pass this love and light forwards in any way that feels safe, appropriate and well-timed.

It was my initial intention to seek out trusted members of The NHS and Mind Mental Health Charity, it made sense and would have likely become a fruitful and lucrative pathway for me. Yet, how can I collaborate with those whose hands, minds and oftentimes hearts too, are bound by red tape, by restrictive and borderline 'designed that way' negligent systems? How can I write the truth if I am bound and gagged myself because I must watch what I say and mind who I upset?

I learned the hard way that when medical professionals deny reality it only leads to premature, avoidable death; steep, uninterrupted decline; and sometimes, no way back from the crises endured. I am still furious, my rage led the way to much of this recovery project. I saw a gap in the system, collected years of evidence that substantiates the abhorrent abuse of power that system professionals use to *protect themselves*, as opposed to those they signed up *to serve* (hello, it's called The National Health *Service*), then I chose to fill said gap myself.

I feel like so many others lived or are living what my loved ones and I have, and it has to stop. Our government throw money away, Brexit, preparing for wars that never happen, bailing out the banks, then they claim there is no money to save the slowly dying, or those losing their minds to psychotic illnesses. I am sickened by the state of it all, I am repulsed by the excuses made by professionals - THERE ARE NO EXCUSES. THERE IS ONLY THE LAW. There are policies in place to uphold the law, and there are professionals who abandon and deny the legislated rights of human beings suffering with mental health disorders and other medical struggles.

I did write to Chief Executives, Directors, members of the South East London Commissioning Groups, I wrote to three members of parliament, The Board of Directors, all of whom I invited aboard this ship sailing towards change, a change brought about by full exposure of the crimes committed by particular staff members, crimes committed by professionals who have never once been held accountable. Many professionals, including doctors, break the law daily, hence, they commit crimes against society daily. Anybody trapped in the cycles and loops of the systems will know what I'm presenting here. I called the police once, when A&E staff broke the law and failed to keep my loved one safe, the police admitted that they had no power to arrest a medical professional in the moment they were committing their harrowing atrocity.

I do not care that service providers might be numb, cognitive compassion is a thing and they do not need feelings to know that their *choice and actions* are out of alignment with what is legislated for their patients. Institutionalised negligence is what we're up against, a body of trained staff who think they know better, but who have succumbed to failing their patients because they lean into their excuses instead of fighting the good fight alongside us. Don't get me wrong, I have met angels walking, truly, but such professionals are incredibly rare gems that you tend to stumble upon as a consequence to fighting for 18 months first.

These posters say it all really. I do not intend to break my life again fighting for everybody else, I'd likely end up killing myself if I tried. I know my limits, I know that I am not presently capable of doing anything but staying safe and maintaining a very early recovery that I've worked really hard to achieve. But what I can do is speak out and call for everyone suffering at the hands of: mistreatment; misdiagnosis; refusal to treat effectively; refusal to treat into a form of long-term, sustainable recovery (one likely to continue with success); unsafe discharges; and zero social-intervention or community support, to speak up and tell their stories too.

We have a time limit on all of this though, statutes of limitations ensure that our suffering is silenced by the longevity of our pain and our inability to afford high-caliber legal representation. The High Courts demand an upfront payment of £3500 for a case like the one I have, they disable the working classes before we even get to their door. With such an outrageous barrier between the vulnerable and change, we must see to it that we band together to seek out justice for ourselves, our loved ones, and those already lost to this sham of a system.



## THE SELF-HELP LIBRARY

VERY OFTEN, HELPING OURSELVES IS THE ONLY WAY BACK TO FULL HEALTH AND A QUALITY OF LIFE WORTHY OF US ALL... WE OFFER A RANGE OF FREE RESOURCES, INCLUDING PRAYER CARDS AND AFFIRMATION COLLECTIONS, A CURATED PLAYLIST OF SELF-HELP VIDEOS, AND A TRIAGE SELF-CARE RECOVERY GUIDE CHAPTER. WE ARE ALWAYS GROWING, SO DO LOOK OUT FOR NEW ADDITIONS TO THE LIBRARY IN THE MONTHS AND YEARS AHEAD.

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VISIT ANAMARIA. ORG TODAY AND BEGIN YOUR JOURNEY WITH YOURSELF



**EXPLORE SELF-SUPPORTING OPTIONS BY READING** 

#### 'RECOVERY FOUNDATIONS'

ANA MARIA SANTUARIO LIVED THROUGH HER OWN VERSION OF HELL (MORE THAN ONCE). DURING THE 15 YEARS SPENT IN CYCLES OF RECOVERY AND WELLNESS TRAINING, SHE FOUND THERE WERE PARTICULAR MINDSETS AND SELF-CARING PRACTICES THAT WERE RELIABLE, NURTURING, AND WHICH RESULTED IN A STEADY IMPROVEMENT IN HEALTH AND WELLBEING. SHE SHARES HER KNOWLEDGE, EXPERIENCE AND STORIES IN THIS DOWNLOADABLE PDF BOOK (ONLY £12.99).

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ARE YOU RECOVERING FROM A CHALLENGING LIFE CHAPTER?

#### TAKE IT ALL A STEP AT A TIME

RECOVERY IS NO STRAIGHT LINE EXPEREINCE, IT IS A TIME WHEN THE UNPREDICTABLE THREATENS ANY PROGRESS ONE MAY HAVE MADE, AND IT DEMANDS A PERSON PROTECTS, PRESERVES AND CONSOLIDATES THEIR PROGRESSION. FIND WAYS TO DO THIS WITH ANA MARIA SANTUARIO'S 'RECOVERY FOUNDATIONS', A DOWNLOADABLE PDF BOOK. YOU WILL FIND THE TRIAGE CHAPTER AVAILABLE FOR FREE IN THE SELF-HELP LIBRARY. WHEN YOU BUY THE BOOK YOU ALSO RECIEVE 8 ADDITIONAL SELF-SUPPORTING RESOURCES.

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AND BEGIN YOUR JOURNEY WITH YOURSELF

The next two posters can be put on the wall or printed back-to-back and turned into leaflets. I intend to go old-school with all of this and will go door-to-door until I reach the right individuals.



Let us not turn away from justice because we are afraid. Our fear is the reason 'they' keep winning. Love is free of fear, love is action, time, intention. Love is us doing something, speaking out, instead of living in the cages we have been forced into by way of not having the money to pay for private healthcare. Inequality is what this is truly about, discrimination is in there too, as are the recurring denials of our legislated human rights.



## COPY US INTO YOUR CORRESPONDENCE

MH.DATACOLLECTION@ANAMARIA.ORG

WE ARE COLLECTING DATA ON A NATIONAL LEVEL IN ORDER TO PROVE HOW COMMON INSTITUTIONALISED NEGLIGENCE AND UNSAFE DIACHARGES ARE IN THE GOVERNMENT MENTAL HEALTH SECTOR. WE ALSO AIM TO EVIDENCE THAT A REQUEST FOR NON-PHARMACEUTICAL TREATMENT PATHWAYS IS NOT OFTEN MET WITH TREATMENT OPTIONS, BUT A BLATANT REFUSAL TO TREAT A PATIENT INTO A FORM OF RECOVERY IN THE WAY THEY ASK TO BE. THERE IS NO PATIENT CHOICE BECAUSE THERE ARE NO OPTIONS ON OFFER! HELP OUR NATION BE THE FIRST TO CHANGE THAT, FOR THE SAKE OF SAFETY.

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## MENTAL HEALTH AND CARE LEGISLATION IS NOT UPHELD BY GOVERNMENT SERVICES!

We all have legislated human rights in The UK, but how many of you have been left to suffer and get worse with a mental health diagnosis? How many of you have had to become a carer for someone in need of real and immediate psychiatric intervention? How many of you watch yourself or another slowly wither and die inside because the services are refusing to do what is lawful, ethical and humane?

I do not care about budgets, staffing shortages or a lack of resources, or any other excuse professionals give to excuse their negligence and blatant refusal to fulfil their duty of care as it is legislated and thus, socially contracted; I care about the law and whether or not it is upheld. Help us collect the data we need to prove what is happening to our families and communities. Let us speak too for strangers who are alone, abandoned, homeless and unwell, for all those who are stuck in crisis and decline because doctors refuse to do their jobs to completion.

To contribute to social change we ask that carers and patients write everything down, take photos and record videos where necessary, and copy us into your correspondence with the NHS and Government Social Services. We cannot promise to expose and fight everything in time to save us, you, the others in need. But one day, we will be one of the bravest collectives in the world, the one's who said, 'Hey you, parliament, rich people of the UK, we are dying on the streets, alone in the home; we are unable to access the right and lawful help and medical treatment; we are suffering from healthcare inequality and dying prematurely because of it. Please help us be seen and heard, please help us fund the law-suit that changes things for the better and for the vulnerable. We cannot do this without you, we are caged by poverty and illness.'

Together is how we get things done, together is the only way we can stand and win. Laws are revised and changed only when enough people have suffered under the current regime. We cannot protest or take to the streets though, we have no power there anymore, tear gas, new legislation, and increased police powers have seen to that! Let us fight in this way, systematically, with reason and logic on our side, and with a whole lot of heart, soul, suffering and evidence, as well as an unwavering diligence to see that what is right and ethical is the thing we see and experience happening in our society.

The fine print is simple, we do not share your data illegally, nor with any third parties (read our privacy policy and terms of use for more information). The data collected will of course be analysed by our team of directors in due course and eventually submitted to a legal team, who we hope can take such common experiences as unsafe discharges, misdiagnosis, refusal to treat those with dual-diagnosis, and a refusal to help patients reach a form of sustainable recovery, to court. Should we collect data for 2-5 years, we should have enough to win a new system, what with such negligence becoming common practice.

YOU WILL ONLY RECEIEVE AN AUTO RESPONSE FROM THE EMAIL ADDRESSES USED FOR THE DATA COLLECTION PROJECT. THIS IS A COLLECTIVE ADVOCACY SERVICE AND NO DIRECT RESPONSES CAN BE GURANTEED. SHOULD YOU HAVE ANY QUESTIONS, PLEASE WRITE TO ANA MARIA SANTUARIO INSTEAD BY USING THE FORMS AVAILABLE ON THE WEBSITE.



#### MENIAL PAIN IS AKIN TO PHYSICAL PAIN

#### BEING REFUSED LONG-TERM MENTAL HEALTH TREATMENT?

THE NHS TOLD ME THAT I CAN ONLY HAVE THERAPY ONCE, DESPITE HAVING EXPERIENCED MORE TRAUMA AND A PTSD RECOVERY RELAPSE SINCE MY LAST DISCHARGE. THEY SAID I HAVE BEEN OFFERED PILLS, AND THAT I MIGHT GET HELP ACCESSING SOME KIND OF 'SOCIAL TREATMENT', WHICH I TOLD THEM DOES NOT EXIST (I ALREADY WENT DOWN THAT PATH). WHAT I SAID DID NOT MATTER, THEY MADE THEIR MIND UP. ARE YOU A PATIENT WHO HAS BEEN REFUSED TREATMENT, AND THUS, RECOVERY TOO? TELL US YOUR STORY AND COPY US INTO YOUR FUTURE CORRESPONDENCE SO THAT WE CAN HOLD THESE CLINICIANS ACCOUNTABLE AS A COLLECTIVE ONE DAY:

MH.DATACOLLECTION@ANAMARIA.ORG

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I do not care about budgets, staffing shortages or a lack of resources, or any other excuse professionals give to excuse their negligence and blatant refusal to fulfil their duty of care as it is legislated and thus, socially contracted; I care about the law and whether or not it is upheld. Help us collect the data we need to prove what is happening to our families and communities. Let us speak too for strangers who are alone, abandoned, homeless and unwell, for all those who are stuck in crisis and decline because doctors refuse to do their jobs to completion.

To contribute to social change we ask that carers and patients write everything down, take photos and record videos where necessary, and copy us into your correspondence with the NHS and Government Social Services. We cannot promise to expose and fight everything in time to save us, you, the others in need. But one day, we will be one of the bravest collectives in the world, the one's who said, 'Hey you, parliament, rich people of the UK, we are dying on the streets, alone in the home; we are unable to access the right and lawful help and medical treatment; we are suffering from healthcare inequality and dying prematurely because of it. Please help us be seen and heard, please help us fund the law-suit that changes things for the better and for the vulnerable. We cannot do this without you, we are caged by poverty and illness.'

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#### NEED A WITNESS FOR YOUR NHS INTERACTIONS?

#### COPY US INO EVERY EMAIL THAT YOU SEND REGARDING ANY NEGLIGENCE:

MH.DataCollection@AnaMaria.Org - MENTAL HEALTH

DD.DataCollection@AnaMaria.Org - DUAL-DIAGNOSIS

PH.DataCollection@AnaMaria.Org - PHYSICAL HEALTH

SC.DataCollection@AnaMaria.Org - SOCIAL CARE

CA.DataCollection@AnaMaria.Org - CARERS

PW.DataCollection@AnaMaria.Org - PROFESSIONAL WITNESS

All evidence collected will be used to promote and provoke a parliamentary inquiry/review, and will likely end up in a court of law. That is our ambition, we can get there with your help, the more data, the better!

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I do not care about budgets, staffing shortages or a lack of resources, or any other excuse professionals give to excuse their negligence and blatant refusal to fulfil their duty of care as it is legislated and thus, socially contracted; I care about the law and whether or not it is upheld. Help us collect the data we need to prove what is happening to our families and communities. Let us speak too for strangers who are alone, abandoned, homeless and unwell, for all those who are stuck in crisis and decline because doctors refuse to do their jobs to completion.

To contribute to social change we ask that carers and patients write everything down, take photos and record videos where necessary, and copy us into your correspondence with the NHS and Government Social Services. We cannot promise to expose and fight everything in time to save us, you, the others in need. But one day, we will be one of the bravest collectives in the world, the one's who said, 'Hey you, parliament, rich people of the UK, we are dying on the streets, alone in the home; we are unable to access the right and lawful help and medical treatment; we are suffering from healthcare inequality and dying prematurely because of it. Please help us be seen and heard, please help us fund the law-suit that changes things for the better and for the vulnerable. We cannot do this without you, we are caged by poverty and illness.'

Together is how we get things done, together is the only way we can stand and win. Laws are revised and changed only when enough people have suffered under the current regime. We cannot protest or take to the streets though, we have no power there anymore, tear gas, new legislation, and increased police powers have seen to that! Let us fight in this way, systematically, with reason and logic on our side, and with a whole lot of heart, soul, suffering and evidence, as well as an unwavering diligence to see that what is right and ethical is the thing we see and experience happening in our society.

The fine print is simple, we do not share your data illegally, nor with any third parties (read our privacy policy and terms of use for more information). The data collected will of course be analysed by our team of directors in due course and eventually submitted to a legal team, who we hope can take such common experiences as unsafe discharges, misdiagnosis, refusal to treat those with dual-diagnosis, and a refusal to help patients reach a form of sustainable recovery, to court. Should we collect data for 2-5 years, we should have enough to win a new system, what with such negligence becoming common practice.

YOU WILL ONLY RECEIEVE AN AUTO RESPONSE FROM THE EMAIL ADDRESSES USED FOR THE DATA COLLECTION PROJECT. THIS IS A COLLECTIVE ADVOCACY SERVICE AND NO DIRECT RESPONSES CAN BE GURANTEED. SHOULD YOU HAVE ANY QUESTIONS, PLEASE WRITE TO ANA MARIA SANTUARIO INSTEAD BY USING THE FORMS AVAILABLE ON THE WEBSITE.