

**“Your Majesty, King Charles III,
please protect our health and safety
from the greed of government.”**



His Majesty, King Charles,

I admire the symbolic nature of your monarchy, I am no anarchist against your reign, but perhaps I am when it comes to the government's unchecked powers. Truth be told, I lived and worked in a sultanate state for 5 years and came to learn that a monarch, when permitted to, might just love their people in a way that a centralised, disconnected government never will.

I have suffered immensely at the hands of NHS gross-misconduct and institutionalised negligence, as have my family. I was forced to fight for 3.5 years *against the NHS* when they refused to treat my loved one for complex psychosis. The failure to uphold legislated patient rights resulted in untold damages for all family members, perhaps damages that can never now be repaired. The crimes committed against my family were reported via all the appropriate channels, with zero repercussions for lawbreaking clinicians being the common result.

This grossly unlawful practice is commonplace, Sir, and it has led me to initiate a collective advocacy project for The People of The UK. The project began with the writing of, '[A Manifesto for Change: Dual Diagnosis and Disparity](#)', a problem-solving essay reflecting on *how easy and achievable* it would be to save the lives of those being left to die by an unsafe and failing NHS. Yet, the manifesto felt like only a drop in the ocean of your subjects' suffering, for there are many more stories to be told, those that we may, together, use and apply to help the human beings that you are duty and honour bound to protect from a corrupt, negligent, misspending government.

Your Majesty, I intend to present to you the stories of your people, one by one, with representative voices filling up [a number of anthologies that are being published by Faith in Change Publishing Ltd](#), my sister company. For the most part, I am one woman, enraged, devastated, heartbroken and in need of real help. The help is not here for us, the working and lower-middle class people, Majesty, it simply is not, and many are dying or enduring unbearable levels of suffering as a result. I have reached out to every avenue available, by doing so, I have ended up here, pleading for the intervention of The Royal Family, who appear to hold keener interest in public health and safety than parliament and NHS governing bodies evidentially do, collectively speaking of course.

Should you welcome the rise of a new People's Democratic Republic, one working in coalition with The Royal Family, I imagine the people would be grateful for an alternative choice to this present two-party system. Just imagine, like a child would, a dream of idealism and love, by envisioning, as I do, a political party combining representatives of *every demographic* present in the UK. The People of The UK could elect representatives from all walks of life, such as refuse collection workers, train and tube drivers, teachers and more, then bring their collective plight to your chambers (or the freshly diversified Houses of Parliament). This way, nobody's suffering would be strangled and silenced by governmental service red tape.

Alas, we cannot expect such a change overnight, it would be foolhardy as well as dangerous for the people. Yet I pray that in the meantime, the [anthology and manifesto projects](#) enlighten you as to how fundamentally flawed our political system is and how at-risk your most vulnerable subjects are. I would not underestimate, Your Majesty, what you may learn about the government's failures, as well as your own good people's levels of unbearable, unmanageable suffering, by reading the stories presented within the anthologies and manifestos to come.

It is my dream to see every human being upon our soil homed and healthy. That is all. In fact, as a matter of conforming to and complying with The Human Rights Act (1998), National Health Service Act (1946), Mental Health Act (1987), Health and Care Act (2022), Care Act (2014), Housing Act (2004), Equality Act (2010), and more, parliament should have no other primary target than this. Should you feel inclined to delve deeper into the issues facing your people, I would appreciate the publicity you and your family might bring to the call for change, that which encourages your many subjects to speak their truth safely and within the confines of anonymity. I am hopeful that once you become fully enlightened to the suffering of every demographic under your responsible guardianship, to the risks to health, safety and life presenting on this shared soil, that you will step in to protect us from parliament.

Many changes are playing out behind the closed doors of The Houses of Parliament and truth be told, I do not trust that governing body as far as I can... *throw*. Secrecy and an utter lack of transparency will be the death of trust and the people have a right to trust those responsible for 'taking care of them'. Should The Royal family concur in any way and let go of any fear of the government, I would happily advocate for the reinstatement of power and duty to The Royal Family, with the caveat being that they work in permanent coalition with The People of The UK. Should The Royal Family have the power of the people sat beside them, the government would have no chance of surviving the coming changes to their paradigms of unethical and corrupt rule (how many political manifestos have failed to be followed through with? *All of them*, that's how it feels anyway).

As it presently stands, I would prefer to speak to you, Majesty, than a member of this parliament that I cannot find it in myself to place faith in.

With love and deepest hope for your full recovery,

Ana Maria Santuario.

p.s. Through all my years of research I stumbled on this cancer treatment facility, Oasis of Hope:

<https://www.oasisofhope.com/cancer-treatments-therapies/vitamin-c/>

The clinic was banned from opening in the USA for one reason – *their treatment works!* Perhaps your treatment providers can learn from one of the more successful cancer treatment pathways available to only the wealthy. Should it work, perhaps you might personally advocate for such effective cancer treatment pathways for your people too.

SENT
WITH LOVE

santuario post

UK SPECIAL
EDITION

BE LOVING: HELP SPREAD THE WORD

**YOU HAVE A LEGISLATED RIGHT TO HEALTH;
SAFETY; DIGNITY; TREATMENT AND CARE; SAFE
DISCHARGES FROM NHS SERVICES, AND MORE...**

In this little parcel of posters you are gifted with empowerment. You may be struggling with your health, that doesn't mean you cannot support change on a larger scale. You can have your say, collectively, as a demographic of working class and middle class people.

When we stand as one, we stand for all!

The louder we shout, i.e. the greater we stand in our numbers, the quicker we save the lives of those slipping through the illusionary societal safety net.

It is illegal to allow a human being on UK soil to die **prematurely and avoidably!** It is also illegal to abandon human beings to an uninterrupted state of psychosis, or to the painful hell of untreated mental health disorder comorbidity. Many UK residents are suffering immensely at the hands of an over-extended NHS, perhaps an under-qualified stakeholder at best these days (when it comes to mental health treatment and care at least).

Petitioning for change is our only option, let us engage with parliament systematically and with absolute direction towards a single outcome - A Safe Society for All. Explore the petitions to open at AnaMaria.Org, where you can also read more about the Advocacy and Wellbeing Projects.



READ ALL ABOUT IT:

FREE TO DOWNLOAD AT FAITHINCHANGE.COM

A MANIFESTO FOR CHANGE: DUAL-DIAGNOSIS AND DISPARITY

INEQUALITY

FOR PSYCHIATRIC INPATIENTS

ARE YOU BEING REFUSED AN EFFECTIVE NHS DUAL-DIAGNOSIS TREATMENT PATHWAY?

Dual-diagnosis is a specialist area of medical treatment and care, the term refers to an instance when a mental health disorder presents alongside, and is complicated by, the additional diagnosis of addiction. There has only been one nurse I have met in 5 years that has had any relevant training in this specialist area of health and medicine. This individual is seconded across South-East London as they attempt to reduce stigma, introduce fresh perspectives, and lead the way for change. It is not going great or quickly, seeing as it is one man with a small team in a huge system.



There is one hospital treating patients with dual-diagnosis under the Mental Health Act (1983) in all of the UK, it is called Sinoue Nightingale Hospital and it costs £20,000 a month. Moreover, they outright refuse to accept NHS funded referrals. *Inequality much?* Let's fight for our equality all over again, in a world already moved on from legislation created back in 1983, and sometimes even in 2020, since knowledge evolves so quickly these days. It must be understood that approximately 80% of acute psychiatric ward admittances are for patients with dual-diagnosis. Without a specialist treatment pathway offered by experts in the field, those with success stories behind them, these 80% of patients will never, not once, see their right to a safe discharge upheld.

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A MANIFESTO FOR CHANGE: DUAL-DIAGNOSIS AND DISPARITY



ARE YOU BEING REFUSED AN EFFECTIVE NHS DUAL-DIAGNOSIS TREATMENT PATHWAY?

DUAL-DIAGNOSIS IS A SPECIALIST AREA OF MEDICAL TRAINING, ONLY ONE NURSE I HAVE MET HAS HAD ANY RELEVANT TRAINING. THEY ARE SECONDED ACROSS SE LONDON AND ARE TRYING TO REDUCE STIGMA, INTRODUCE FRESH PERSPECTIVES, AND LEAD THE WAY FOR CHANGE. IT IS NOT GOING GREAT OR QUICKLY, SEEING AS IT IS ONE MAN WITH A SMALL TEAM IN A HUGE SYSTEM. THERE IS ONE UK DUAL-DIAGNOSIS HOSPITAL TREATING PATIENTS UNDER THE MENTAL HEALTH ACT (1983), IT COSTS £20,000 A MONTH. INEQUALITY MUCH? LET'S FIGHT IT TOGETHER AND PETITION FOR LAWFUL TREATMENT PATHWAYS. 80% OF PATIENTS ADMITTED TO PSYCHIATRIC ACUTE WARDS HAVE DUAL-DIAGNOSIS. THAT MEANS 80% NEVER SEE A SAFE DISCHARGE IN THEORY, LET ALONE IN PRACTICE!

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TO SUPPORT YOURSELF WHEN NO ONE ELSE WILL

SHARING IS CARING

I would really appreciate it if you would display these posters in spaces where people in need see them. Perhaps you attend a recovery group, a carers group, or you have friends in a similar position as you, if you feel the value of the Recovery Foundations Guide and Supporting Documents, or even The Self-Help Library, please do pass this love and light forwards in any way that feels safe, appropriate and well-timed.

It was my initial intention to seek out trusted members of The NHS and Mind Mental Health Charity, it made sense and would have likely become a fruitful and lucrative pathway for me. Yet, how can I collaborate with those whose hands, minds and oftentimes hearts too, are bound by red tape, by restrictive and borderline 'designed that way' negligent systems? How can I write the truth if I am bound and gagged myself because I must watch what I say and mind who I upset?

I learned the hard way that when medical professionals deny reality it only leads to premature, avoidable death; steep, uninterrupted decline; and sometimes, no way back from the crises endured. I am still furious, my rage led the way to much of this recovery project. I saw a gap in the system, collected years of evidence that substantiates the abhorrent abuse of power that system professionals use to *protect themselves*, as opposed to those they signed up to *serve* (hello, it's called The National Health *Service*), then I chose to fill said gap myself.

I feel like so many others lived or are living what my loved ones and I have, and it has to stop. Our government throw money away, Brexit, preparing for wars that never happen, bailing out the banks, then they claim there is no money to save the slowly dying, or those losing their minds to psychotic illnesses. I am sickened by the state of it all, I am repulsed by the excuses made by professionals - **THERE ARE NO EXCUSES. THERE IS ONLY THE LAW.** There are policies in place to uphold the law, and there are professionals who abandon and deny the legislated rights of human beings suffering with mental health disorders and other medical struggles.

I did write to Chief Executives, Directors, members of the South East London Commissioning Groups, I wrote to three members of parliament, The Board of

Directors, all of whom I invited aboard this ship sailing towards change, a change brought about by full exposure of the crimes committed by particular staff members, crimes committed by professionals who have never once been held accountable. Many professionals, including doctors, break the law daily, hence, they commit crimes against society daily. Anybody trapped in the cycles and loops of the systems will know what I'm presenting here. I called the police once, when A&E staff broke the law and failed to keep my loved one safe, the police admitted that they had no power to arrest a medical professional in the moment they were committing their harrowing atrocity.

I do not care that service providers might be numb, cognitive compassion is a thing and they do not need feelings to know that their *choice and actions* are out of alignment with what is legislated for their patients. Institutionalised negligence is what we're up against, a body of trained staff who think they know better, but who have succumbed to failing their patients because they lean into their excuses instead of fighting the good fight alongside us. Don't get me wrong, I have met angels walking, truly, but such professionals are incredibly rare gems that you tend to stumble upon as a consequence to fighting for 18 months first.

These posters say it all really. I do not intend to break my life again fighting for everybody else, I'd likely end up killing myself if I tried. I know my limits, I know that I am not presently capable of doing anything but staying safe and maintaining a very early recovery that I've worked really hard to achieve. But what I can do is speak out and call for everyone suffering at the hands of: mistreatment; misdiagnosis; refusal to treat effectively; refusal to treat into a form of long-term, sustainable recovery (one likely to continue with success); unsafe discharges; and zero social-intervention or community support, to speak up and tell their stories too.

We have a time limit on all of this though, statutes of limitations ensure that our suffering is silenced by the longevity of our pain and our inability to afford high-caliber legal representation. The High Courts demand an upfront payment of £3500 for a case like the one I have, they disable the working classes before we even get to their door. With such an outrageous barrier between the vulnerable and change, we must see to it that we band together to seek out justice for ourselves, our loved ones, and those already lost to this sham of a system.



DISCOVER WHAT SERVES YOU IN THE SELF-HELP LIBRARY

VERY OFTEN, HELPING OURSELVES IS THE ONLY WAY BACK TO FULL HEALTH AND A QUALITY OF LIFE WORTHY OF US ALL... WE OFFER A RANGE OF FREE RESOURCES, INCLUDING PRAYER CARDS AND AFFIRMATION COLLECTIONS, A CURATED PLAYLIST OF SELF-HELP VIDEOS, AND A TRIAGE SELF-CARE RECOVERY GUIDE CHAPTER. WE ARE ALWAYS GROWING, SO DO LOOK OUT FOR NEW ADDITIONS TO THE LIBRARY IN THE MONTHS AND YEARS AHEAD.

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AND BEGIN YOUR JOURNEY WITH YOURSELF**



EXPLORE SELF-SUPPORTING OPTIONS BY READING

‘RECOVERY FOUNDATIONS’

ANA MARIA SANTUARIO LIVED THROUGH HER OWN VERSION OF HELL (MORE THAN ONCE). DURING THE 15 YEARS SPENT IN CYCLES OF RECOVERY AND WELLNESS TRAINING, SHE FOUND THERE WERE PARTICULAR MINDSETS AND SELF-CARING PRACTICES THAT WERE RELIABLE, NURTURING, AND WHICH RESULTED IN A STEADY IMPROVEMENT IN HEALTH AND WELLBEING. SHE SHARES HER KNOWLEDGE, EXPERIENCE AND STORIES IN THIS DOWNLOADABLE PDF BOOK (ONLY £12.99).

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ARE YOU RECOVERING FROM A CHALLENGING LIFE CHAPTER?

TAKE IT ALL A STEP AT A TIME

RECOVERY IS NO STRAIGHT LINE EXPERIENCE, IT IS A TIME WHEN THE UNPREDICTABLE THREATENS ANY PROGRESS ONE MAY HAVE MADE, AND IT DEMANDS A PERSON PROTECTS, PRESERVES AND CONSOLIDATES THEIR PROGRESSION. FIND WAYS TO DO THIS WITH ANA MARIA SANTUARIO'S 'RECOVERY FOUNDATIONS', A DOWNLOADABLE PDF BOOK. YOU WILL FIND THE TRIAGE CHAPTER AVAILABLE FOR FREE IN THE SELF-HELP LIBRARY. WHEN YOU BUY THE BOOK YOU ALSO RECEIVE 8 ADDITIONAL SELF-SUPPORTING RESOURCES.

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The next two posters can be put on the wall or printed back-to-back and turned into leaflets.

I intend to go old-school with all of this and will go door-to-door until I reach the right individuals.



Let us not turn away from justice because we are afraid. Our fear is the reason 'they' keep winning. Love is free of fear, love is action, time, intention. Love is us doing something, speaking out, instead of living in the cages we have been forced into by way of not having the money to pay for private healthcare. Inequality is what this is truly about, discrimination is in there too, as are the recurring denials of our legislated human rights.



**HAVING TROUBLE WITH NHS MENTAL HEALTH SERVICES?
COPY US INTO YOUR CORRESPONDENCE**

MH.DATACOLLECTION@ANAMARIA.ORG

WE ARE COLLECTING DATA ON A NATIONAL LEVEL IN ORDER TO PROVE HOW COMMON INSTITUTIONALISED NEGLIGENCE AND UNSAFE DIACHARGES ARE IN THE GOVERNMENT MENTAL HEALTH SECTOR. WE ALSO AIM TO EVIDENCE THAT A REQUEST FOR NON-PHARMACEUTICAL TREATMENT PATHWAYS IS NOT OFTEN MET WITH TREATMENT OPTIONS, BUT A BLATANT REFUSAL TO TREAT A PATIENT INTO A FORM OF RECOVERY IN THE WAY THEY ASK TO BE. THERE IS NO PATIENT CHOICE BECAUSE THERE ARE NO OPTIONS ON OFFER! HELP OUR NATION BE THE FIRST TO CHANGE THAT, FOR THE SAKE OF SAFETY.

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MENTAL HEALTH AND CARE LEGISLATION IS NOT UPHELD BY GOVERNMENT SERVICES!

We all have legislated human rights in The UK, but how many of you have been left to suffer and get worse with a mental health diagnosis? How many of you have had to become a carer for someone in need of real and immediate psychiatric intervention? How many of you watch yourself or another slowly wither and die inside because the services are refusing to do what is lawful, ethical and humane?

I do not care about budgets, staffing shortages or a lack of resources, or any other excuse professionals give to excuse their negligence and blatant refusal to fulfil their duty of care as it is legislated and thus, socially contracted; I care about the law and whether or not it is upheld. Help us collect the data we need to prove what is happening to our families and communities. Let us speak too for strangers who are alone, abandoned, homeless and unwell, for all those who are stuck in crisis and decline because doctors refuse to do their jobs to completion.

To contribute to social change we ask that carers and patients write everything down, take photos and record videos where necessary, and copy us into your correspondence with the NHS and Government Social Services. We cannot promise to expose and fight everything in time to save us, you, the others in need. But one day, we will be one of the bravest collectives in the world, the one's who said, 'Hey you, parliament, rich people of the UK, we are dying on the streets, alone in the home; we are unable to access the right and lawful help and medical treatment; we are suffering from healthcare inequality and dying prematurely because of it. Please help us be seen and heard, please help us fund the law-suit that changes things for the better and for the vulnerable. We cannot do this without you, we are caged by poverty and illness.'

Together is how we get things done, together is the only way we can stand and win. Laws are revised and changed only when enough people have suffered under the current regime. We cannot protest or take to the streets though, we have no power there anymore, tear gas, new legislation, and increased police powers have seen to that! Let us fight in this way, systematically, with reason and logic on our side, and with a whole lot of heart, soul, suffering and evidence, as well as an unwavering diligence to see that what is right and ethical is the thing we see and experience happening in our society.

The fine print is simple, we do not share your data illegally, nor with any third parties (read our privacy policy and terms of use for more information). The data collected will of course be analysed by our team of directors in due course and eventually submitted to a legal team, who we hope can take such common experiences as unsafe discharges, misdiagnosis, refusal to treat those with dual-diagnosis, and a refusal to help patients reach a form of sustainable recovery, to court. Should we collect data for 2-5 years, we should have enough to win a new system, what with such negligence becoming common practice.

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**KEEP
GOING**

MENTAL PAIN IS AKIN TO PHYSICAL PAIN BEING REFUSED LONG-TERM MENTAL HEALTH TREATMENT?

THE NHS TOLD ME THAT I CAN ONLY HAVE THERAPY ONCE, DESPITE HAVING EXPERIENCED MORE TRAUMA AND A PTSD RECOVERY RELAPSE SINCE MY LAST DISCHARGE. THEY SAID I HAVE BEEN OFFERED PILLS, AND THAT I MIGHT GET HELP ACCESSING SOME KIND OF 'SOCIAL TREATMENT', WHICH I TOLD THEM DOES NOT EXIST (I ALREADY WENT DOWN THAT PATH). WHAT I SAID DID NOT MATTER, THEY MADE THEIR MIND UP. ARE YOU A PATIENT WHO HAS BEEN REFUSED TREATMENT, AND THUS, RECOVERY TOO? TELL US YOUR STORY AND COPY US INTO YOUR FUTURE CORRESPONDENCE SO THAT WE CAN HOLD THESE CLINICIANS ACCOUNTABLE AS A COLLECTIVE ONE DAY:
MH.DATACOLLECTION@ANAMARIA.ORG

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I do not care about budgets, staffing shortages or a lack of resources, or any other excuse professionals give to excuse their negligence and blatant refusal to fulfil their duty of care as it is legislated and thus, socially contracted; I care about the law and whether or not it is upheld. Help us collect the data we need to prove what is happening to our families and communities. Let us speak too for strangers who are alone, abandoned, homeless and unwell, for all those who are stuck in crisis and decline because doctors refuse to do their jobs to completion.

To contribute to social change we ask that carers and patients write everything down, take photos and record videos where necessary, and copy us into your correspondence with the NHS and Government Social Services. We cannot promise to expose and fight everything in time to save us, you, the others in need. But one day, we will be one of the bravest collectives in the world, the one's who said, 'Hey you, parliament, rich people of the UK, we are dying on the streets, alone in the home; we are unable to access the right and lawful help and medical treatment; we are suffering from healthcare inequality and dying prematurely because of it. Please help us be seen and heard, please help us fund the law-suit that changes things for the better and for the vulnerable. We cannot do this without you, we are caged by poverty and illness.'

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DEMOCRACY



**STRONGER
TOGETHER**

NEED A WITNESS FOR YOUR NHS INTERACTIONS?

COPY US INTO EVERY EMAIL THAT YOU SEND REGARDING ANY NEGLIGENCE:

MH.DataCollection@AnaMaria.Org - MENTAL HEALTH
DD.DataCollection@AnaMaria.Org - DUAL-DIAGNOSIS
PH.DataCollection@AnaMaria.Org - PHYSICAL HEALTH
SC.DataCollection@AnaMaria.Org - SOCIAL CARE
CA.DataCollection@AnaMaria.Org - CARERS
PW.DataCollection@AnaMaria.Org - PROFESSIONAL WITNESS

All evidence collected will be used to promote and provoke a parliamentary inquiry/review, and will likely end up in a court of law. That is our ambition, we can get there with your help, the more data, the better!

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